

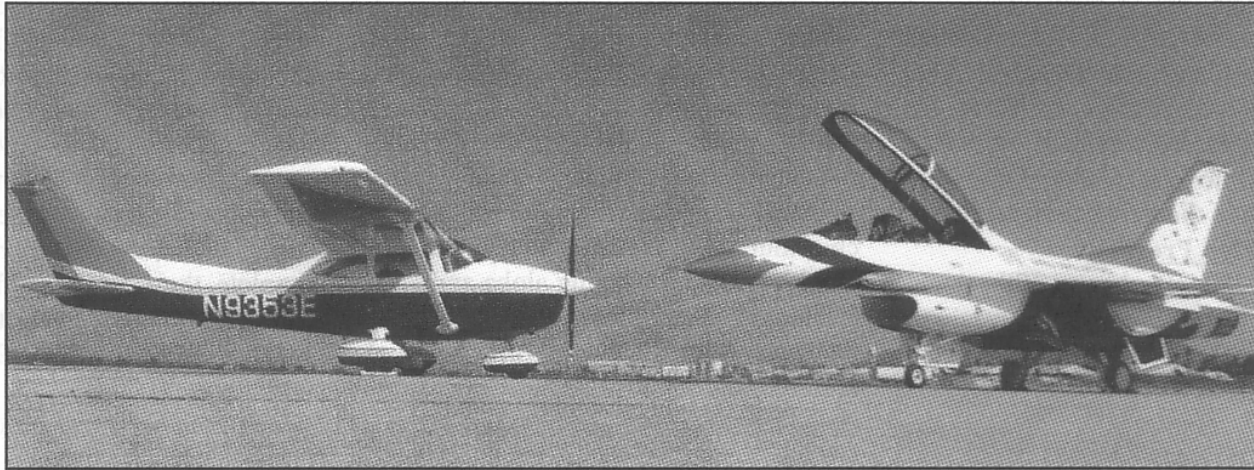


Kulia Ika Nu'u



Volume 1 Number 3 "Reach for the Stars" September/October 2003

Thunderbirds Celebrates 50 Years



The Thunderbirds began performing in air shows in June 1953, having been activated only two weeks earlier at Luke AFB, Ariz., as the 3600th Air Demonstration Unit. Their purpose: To Serve as "ambassadors in blue," supporting the Air Force's recruiting efforts and demonstrating both the professionalism of USAF personnel and the power of the high performance jets that were at the time new to American public.

The name "Thunderbirds" was soon adopted by the unit: influenced in part by the strong Indian culture and folklore of the southwestern United States, where Luke is located. Indian legend speaks of the Thunderbird with great fear and respect. When it took to the skies, the earth trembled from the thunder of its

great wings. From its eyes shot bolts of lightning. Nothing in nature could challenge the bird of thunder, the story said, and no man could stand against its might. The story of the Thunderbird was repeated, voice-by-voice, across the generations

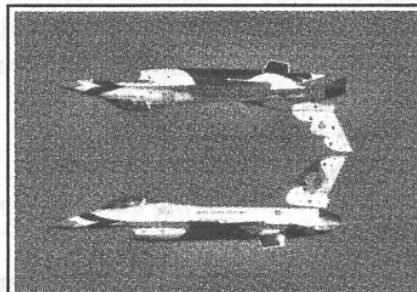
until at last it assumed the immortality of legend.

A more appropriate name couldn't have been selected, for it is with the same commanding presence that the Air Force Thunderbirds take to the skies.

Currently, the Thunderbirds are based at Nellis AFB, Nev., the US Air Force Demonstration Squad-

ron—better known as the Thunderbirds—fly F16C Fighting Falcons. The T-birds have performed spectacular aerial maneuvers for more than 300 million spectators around the world.

Commander/Leader of the Thunderbirds is Lt. Col. Richard G. McSpadden Jr.; Left Wing, Maj. Mark D. Smith; Right Wing, Capt. D. Chris Callaghan; Slot (the difficult position sandwiched be-



Thunderbirds in their current aircraft, F-16C, create a mirror-image effect in a "Calypso Pass."

tween both wingmen and behind the leader), Maj. Matthew R. Beckley; Lead Solo: Maj. Todd D. Canterbury; Opposing Solo: Capt. Chris R. Stricklin.

Pilots of the current F-16C carry out approxi-

mately 30 maneuvers while demonstrating formation flying and solo routines. The Thunderbirds team includes eight pilots, some 130 enlisted people, four support officers, and three civilians. Officers serve two year tours with the squadron, while enlisted personnel serve three to four years. All airmen are selected through competition. Pilots need a minimum of 1,000 hours of military jet experience to apply for the team and then complete 120 training flights.



Commanders Corner!

We are registered in the 2003 Give Aloha, Foodland's Annual Community Matching Gifts Program. All donations made to Civil Air Patrol during the 1st thru 30th September 2003 will be matched by Foodland and Sack and Save stores. All monies collected for from this program will be placed 50% into the Cadet Fund and 50% into the Wing General Fund.

Donation Process:

From 1 September to 30th, donations to "Give Aloha" participating organizations will be accepted at check out at all Foodland and Sack N Save stores statewide.

Customers must use their Maikai Card to make a donation, and can donate a cumulative total of \$249 per person, per organization. Donations exceeding \$249 per person, per organization will not be matched. Donations made without a Maikai Card will not be matched.

Customers who do not have a Maikai Card may request one at the checkout.

Foodland will match each donation up to a total of \$200,000 for all organizations combined. If total customer donations exceed \$200,000, Foodland's \$200,000 matching gift will be divided proportionately among all participating organization.

Donations in the form of cash, check or charge (VISA, MasterCard, American Express, Dis-



cover, JTB) will be accepted. Donations must be made payable to Foodland or Sack N Save.

The donation amount and name of the organization will appear on the customer's receipt.

Donor names will not be released to organizations.

Donations are tax deductible to the full extent of the law.

A thank you note will be given at checkout to customers who donate, thanking them for giving aloha and reminding them to save their receipt since it will be the only record of their donation.

Announcement and Distribution of Gifts.

Total gifts to organizations will be announced the week of October 6, the week of Maurice J. "Sully" Sullivan's birth. Organizations will be receiving their checks by October 31st.

Please pass on this information to your families, relatives, friends to support Civil Air Patrol in Hawaii. We, all shop, and buy food for our families, so please support your Civil Air Patrol while you shop! Mahalo!

Stan Fernandez, Colonel, CAP Wing Commander.

Professional Development Officers' Update!

The old ECI (Extension Course Institute) courses have change their name to AFIADL (Air Force Institute For Advanced Distributed Learning). In applying for AFIADL courses, the old ECI forms are still good. However, if you are not comfortable in using the old forms, the Professional De-

velopment Officer have the new forms.

Recently, the Professional Development Officers have asked if their members could conduct group study sessions for their AFIADL correspondence courses, such as 00013 CAP Senior Officer Course. There is no prohibition against group study, or even classes being conducted to cover the material. However, problems sometimes occur in how members are tested. To ensure that members complete their courses efficiently and ensure test integrity, please follow these AFIADL guidelines:

1. Each member must enroll in the course separately.
2. Each member must request his or her own course exam.
3. While groups of members may test at the same time, they

Continued on Page 4 under "test"

"Kulia Ika Nu'u"

(Reach for the stars)

Official Hawaii Wing, Civil Air Patrol Newsletter
Hawaii Wing Commander
 Colonel Stanley Fernandez, CAP
Hawaii Wing Vice Commander
 Lt. Colonel Thomas Brehm CAP
Hawaii Wing Chief of Staff
 Lt. Colonel, CAP

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Cadet Encampment A Huge Success!

By 2nd Lt Matthew Pedro

While visiting the members of the encampment; on Friday, July 25, 2003 at 23:09 hours, a fire alarm was activated in one of the dorm rooms for the basic-cadets at Bellows AFS. The actions that were taken by six individuals proceeding the alarm were in my opinion—impressive, and most importantly—commendable.

The six individuals who should be commended by the Hawaii Wing are as follows: *C/2Lt Danielle Bass* of Wheeler Composite Squadron, *C/Airman Hannah Cachola* and *C/Airman Aileen Kunewa* of Kona Composite Squadron, *C/A1C Benjamin Hamilton* and *C/TSgt Michael Nowak* of 66th Composite Squadron and lastly *C/CMSgt Robert Trujillo* of California.



The individuals listed above should be commended for their outstanding duty and performance under pressure for these reasons. Firstly, for expeditiously diagnosing the fire alarm as well as evacuating all persons from the building. This was led by *Danielle Bass*, along with

outgoing "CQ's" *Aileen Kunewa*, and *Hannah Cachola*. Also assisting were incoming "CQ's" *Benjamin Hamilton*, and *Michael Nowak*, as well as *Robert Trujillo*, the person responsible for finding a sleeping cadet who did not evacuate.

Secondly, by the book, they performed all the critical steps from start to finish, flawlessly; although, they would humbly tell you that they could have been better.

Thirdly, never panicking, they remained calm, and collected. More importantly was the way in which each member came together to form a cohesive unit—a "team."

Lastly, Thank God! There were no fire. However, if there was, I have no doubt that they would have saved the lives of all the cadets, senior members, and myself. That is why it is my honor to write this article. I hope you will agree that *C/2Lt Bass*, *C/Airman*

Kunewa, *Cachola*, *C/A1C Hamilton*, *C/TSgt Nowak* and *C/MSgt Trujillo* of the California Wing be commended.

A special note of thanks and recognition should also be given to *Major John Santos*, *2Lt Samuel DeCosta* and *Capt Richard Gabriel* for the outstanding leadership exhibited during this encampment.

For Cadets Only...

Attention, cadets of Hawaii Wing, Civil Air Patrol. The United States Congress has established "The Congressional Award" just for you. This program is under CAP PAMPHLET 52-5 dated 1 April 2002. The purpose of this program is quote, The United States Congress established The Congressional Award to recognize initiative, achievement, and voluntary service performed by youth. Participation is voluntary, non-competitive, and self-paced. Awards are earned by achieving goals set by the participant. This pamphlet provides guidance for CAP unit commanders and their cadets who wish to pursue this recognition. You can earn certificates and medals depending on your progression. You are eligible to register if you are a US citizen 13½ to 23 years of age. Therefore, most cadets and even some senior members are eligible. However, you must be at least 14 to earn your first award, and you become ineligible for awards after turning 24. Activities completed before registering for The Congressional Award will not be accepted, unquote.

To register, complete an on-line registration form at www.congressionalaward.org, or write The Congressional Award Foundation, P.O. Box 77440, Washington DC, 20013. A nominal fee is required to register. The foundation will send you a Record Book and additional information. In your Record Book, specify that Civil Air Patrol is your "sponsoring organization." **NOTE: Do not send your registration form for payment to NHQ CAP.**

We have attached CAP PAMPHLET 52-5 entitled "The Congressional Award" for full information.

Squadron Commanders, if you have a cadet that is interested in this program, you have specific information to assist your cadets. Please post this pamphlet on your squadron bulletin board.

This is not a regular CAP Cadet Program assignments. However, if a cadet receive an award, please notify the Wing Commander, so we may publicize it in the Civil Air Patrol News up at National and the Hawaii Wing Newsletter.

"test" continued from page 2

must be proctored in accordance with CAPR 50-4, *Test Administration and Security*.

4. AFIADL course exams are **closed book exams**. Members may not discuss questions or answers, use notes, use course materials, leave the room once the test has started, remove the test from the room, or engage in any other practice which may compromise the integrity of the test.

If you have any questions concerning AFIADL testing, please refer to CAPR 50-4, *Test Administration and Security*.

For your information, the Wing Professional Development Officer is *Lt Colonel Walter Furuyama*. All questions pretending to AFIADL correspondence courses should be referred to him. If you need to get in touch with him, use the internet and his e-mail address is, waltfuru@yahoo.com. He is also in charge of *Squadron Leadership School (SLS)* and *Corporate Learning Course (CLC)*.

From Emergency Services...

Vermont Civil Air Patrol to help demo rescue beacons

*By Melanie LeMay
Public Relations Specialist
National Headquarters*

The Vermont Wing of Civil Air Patrol will help show the effectiveness of Personal Locator Beacons (PLBs) during the first U.S. activation in Waterbury, Vt., 9 a.m. July 1, the first day PLBs will become available for public purchase and use.

The pocket-sized PLBs are the ground version of Emergency Locator Transmitters used on aircraft. People can use them when they are lost or in distress to transmit the coordinates of their whereabouts to search and rescue agencies. The beacons transmit via 406 MHz with accuracy down to an approximately two to six square-mile radius. The Air Force Rescue Coordination Center, in conjunction with the National Oceanic and Atmospheric Administration is setting up an integrated computer alerting system in the 48 contiguous states, Alaska and nine national parks to support the PLBs.

The state of Vermont will be the first to accept PLB alerts. The AFRCC, NOAA and the Vermont State Police will demonstrate the new national system. An injured Boy Scout will activate a PLB,

which will emit a distress signal. Once the signal is picked up, the Vermont State Police will request CAP Vermont Wing members through the AFRCC to help find the injured Scout, just as they would with a real distress signal. CAP responders will identify and then fly to the coordinates reported by the PLB, visually confirm the Scout location, and remain in the air above the area until the Vermont State Police ground crew can physically rescue the Scout.

The PLBs generate coordinates by using the same COSPAS-SARSAT satellite system currently used to locate aircraft and ships.

This technology represents a tremendous leap forward in capability for us, said Colonel Richard Greenhut, the commander of CAP's 9-state Northeast Region. It has the potential to save precious hours when trying to pinpoint the location of a lost or injured hiker or downed aircraft. With it and our existing airborne and hand-held DF (Direction Finding) gear, we can quickly find our target and help direct appropriate assistance, whether it be the Vermont State Police or our own ground team.

The use of PLBs in Vermont will be a tremendous aid in locating distressed people, said Colonel James Rowel, commander of CAP's Vermont Wing. Vermont is a rugged mountainous state with year-round activities for hikers, backpackers and skiers. Some time hikers and backpackers get lost, and skiers leave the trails looking for greater adventure and get into serious trouble. Use of the PLB system will without a doubt save valuable search and rescue response time and improve our chances of saving lives as we work with the Vermont State Police on SAR missions.

With more than 64,000 members nationwide, CAP has been performing missions for America for more than 60 years.

If you are interested in the PLB.s, contact Vermont Wing.

Calling All Squadrons In Hawaii Wing!

We need your help in a very desperate way. We are all interested in what's going on in your squadron. If you are a senior member or cadet, that can fill us in on what is happening, wouldn't you like to share the experience with us?

At this time, we would like to recognize, Lyman Field Composite Squadron for coming up front with a picture of squadron activities. Thank You Lyman Field Composite Squadron.



Lyman Field Composite Squadron, cadets 2nd Lt. Ralph Miller (right) with fellow cadet Master Sergeant Wesly Jahraus (left) at the County building after Cadet Miller was presented the CAP Billy Mitchell Award by the County Council. The Mitchell Award culminates a series of achievements and orientation flights in the program of the Lyman Field Composite Squadron of the CAP in Hilo. Cadet Miller can enter the Air Force a grade higher than others and will soon be followed by Cadet Jahraus (Photo submitted by Captain George Curtis of Lyman Field Composite Squadron).

Communications Conference At Wheeler Composite Squadron

By 1st Lt. Mark Pascal

On August 13, 2003, Wednesday evening, at the request of Major Rob Brandt, Commander of Wheeler Composite Squadron, a communications conference was conducted by Wing Director of Communications, 1st Lt. Mark Pascal, assisted by Colonel Herbert Kaneshige.

The attendee were:

C/Amn	Joshua Peles
C/Amn	Maurice Akahi
C/Amn	Ben Peles
C/AB	Kaimana Akahi
C/AB	Jason Dominici
C/Amn	Gernani Yutob
C/AB	Blythe Nakasone
C/2Lt	Danielle Bass
C/SMSgt	Jacob Edelo
C/SrAmn	Alexjandro Garcia
C/MSgt	Richard Hargrave

Cadet	Sean Lee
C/Amn	Nathan Munoz
C/AB	Luis Maldonado
C/MSgt	Jensen Uyeda
C/2Lt	Sean Jones
SM	Russell Lee
Capt.	Tom Moss
1Lt	Joseph Kaanapu Jr.
Capt.	Dennis Jones



This communications conference was held to standardize the radio procedures throughout the entire Hawaii Wing. At this communications conference, we covered the basic on Civil Air Patrol communications. Being the new Director of Com-

munications, I intend to go to every squadron in Hawaii Wing to have such a Communications Conference. If your squadron is interested in such a Communications Conference, please contact me through the internet and my email address is "HINET14@aol.com."

For follow up session, I will return to Wheeler Composite Squadron and give the second phase, which is the exercise on how to get on the air and pass and receive messages.

If you have any questions or suggestion on communications, please contact me through the internet.

PROMOTIONS AND AWARDS

PROMOTIONS:

C/2Lt Danielle Bass Wheeler Composite Squadron

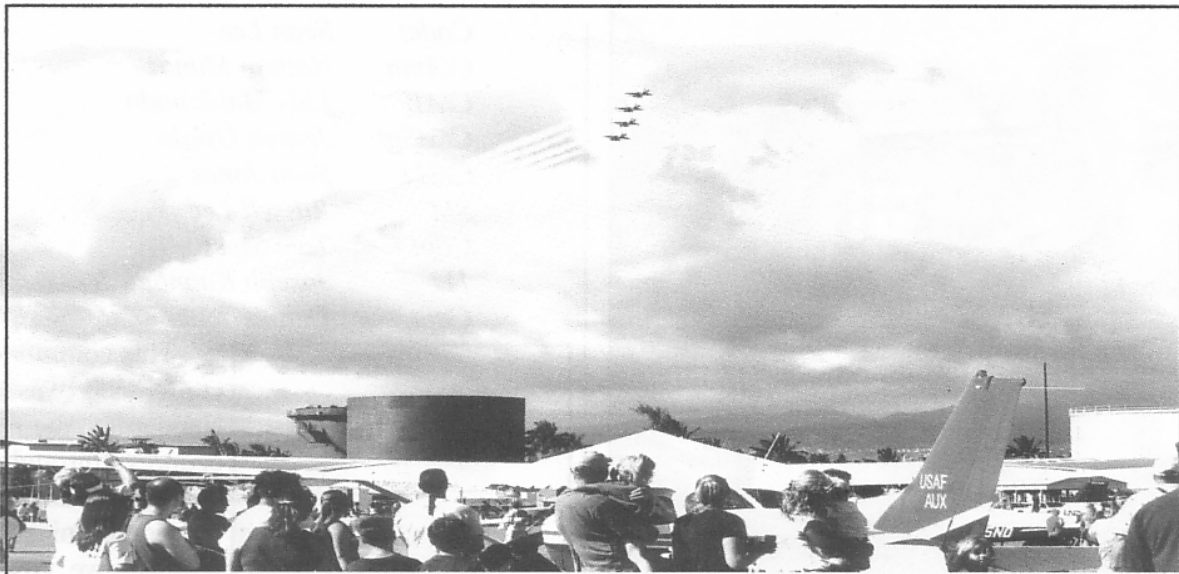
AWARDS:

CERTIFICATE OF PROFICIENCY

LTC Anthony Schena Headquarters



CAITLYN M. FLAHERTY	Kona Comp Sqdn
BETHANY G. FLAHERTY	Kona Comp Sqdn
RALPH W. MILLER	Lyman Field
	Comp. Sqdn
AREN J. THOMPSON	Lyman Field
	Comp. Sqdn



Thunderbirds flying over Civil Air Patrol's static display at Hickam Air Force Base on August 9-10, 2003
 Photo taken by Leslie Kellum (Deputy State Director for Civil Air Patrol)

Tri-Squadron Participates During Thunderbird Show!

With the combined efforts of three Hawaii Wing Squadrons, Kona Composite Squadron, 66th Composite Squadron and Wheeler Composite Squadron participating in the Thunderbird show at Hickam Air Force Base on August 9-10, 2003, it was a huge success. The theme for that day was called "Friends and Family Air Show."

The cadets were tasked with the parking situation with the supervision of the senior members. According to *1st Lt. Mark Pascal*, one of the participant that day, expressed his opinion by saying, "Everyone involved did a professional job and they were outstanding."

Just to give you an idea, who the participants were, from Kona Composite Squadron, there were a total of 15 participant (13 cadets and 2 senior members)

Major Valerie Hoke
Major David Hoke
C/Ryan Adames
C/Mackenzie Crommett
C/Bethany Flaherty
C/Caitlin Flaherty
C/Daniel Flaherty
C/Fumiko Hedlund
C/Megan Hoke
C/Kalanakila Hoover
C/Kele Fergerstrom

C/Nicholas Penny
C/Daryl Robison
C/Hanna Kobzev
C/Aren Thompson

According to some reliable source, some of the Kona Composite Squadron participant paid their own airfare to get to this affair.

The 66th Composite Squadron were represented with 36 personnel. There were 28 cadets and 8 senior members.

Captain Lily Gabriel
Captain Rich Gabriel
2nd Lt. Joseph Genovia
Angelica Larson
Major Matt McGuire
Sarah Myszka
Captain Stephen Soeda
Robert Tompkins
C/Eric Aglubat
C/Marcelle Andrews
C/Mark Andrews
C/Bussan
C/Hannah Cachola
C/Andrea Calvan
C/Kevin Crotty
C/Shanniececa Dacascos
C/Patrick Duncan
C/Jean-Lucien Gionet
C/Jason Grehawick
C/Benjamin Hamilton

Continue on Page 7 "Thunderbirds"

"Thunderbirds" Continued from Page 6

C/Chad Hirano
C/Micah Hirayama
C/William Hutson
C/Matthew McGuire
C/Antonio Moreno
C/Andrew Na
C/Joshua Newman
C/Jeffrey Ning
C/Michael Nowak
C/Christopher Pratt
C/Jonathan Punio
C/Joselyn Punio
C/Skyler Ross
C/Laura Tudor
C/Alexander Ubiadas
C/Ryan Yung

The Wheeler Composite Squadron of Wahiawa, whose Squadron Commander is *Major Rob Brandt* had 26 participant (18 cadets and 8 Senior Members). The participants were:

C/A1C Daniel Tortuga
C/Amn Joshua Peles
C/Amn Maurice Akahi
C/Amn Ben Peles
C/AB Kaimana Akahi
C/AB Jason Dominici
C/Amn Gernani Yutob
C/AB Blythe Nakasone

C/2Lt Danielle Bass
C/SMSgt Jacob Edelo
C/SrAmn Alexjandro Garcia
C/MSgt Richard Hargrave
C/AB Sean Lee
C/Amn Nathan Munoz
C/AB Luis Maldonado
C/MSgt Jensen Uyeda
C/2Lt Sean Jones
C/MSgt Ford Wright
SM Russell Lee
Capt. Dennis Jones
Capt. Tom Moss
1Lt Richard Hargrave
SM Lee Dominici
SM Lola Edelo
2Lt Gib Hatter
SM Ben Winslow

Hawaii Wing was well represented in this "Friends and Family Air Show" with Fifty Nine (59) cadets and Eighteen (18) senior members, that brings a total of Seventy Seven (77) participants.

According to *1st Lt. Mark Pascal* who also participated in this affair for two days, commented, "Everyone involved, did an awesome job and deserve every bit of praise."

Hats off to *Capt. Lily Gabriel*, who coordinated this affair. All participants will never forget the experience of the Thunderbirds air show and the role they played in it.



Hawaii Wing, Civil Air Patrol's aircraft on static display during the Thunderbird Show at Hickam Air Force Base.
 Photo taken by Leslie Kellum (Deputy State Director for Civil Air Patrol)

1 APRIL 2002

Cadet Programs

THE CONGRESSIONAL AWARD

1. PURPOSE. The United States Congress established The Congressional Award to recognize initiative, achievement, and voluntary service performed by youth. Participation is voluntary, non-competitive, and self-paced. Awards are earned by achieving goals set by the participant. This pamphlet provides guidance for CAP unit commanders and their cadets who wish to pursue this recognition.

2. AWARD LEVELS. Participants progress through the awards program by earning Bronze, Silver, and Gold Congressional Award Certificates, and then Bronze, Silver, and Gold Congressional Award Medals. Participants should begin by working toward the Bronze Congressional Award Certificate, but may begin at the Bronze Medal level, or any level in between.

3. PROGRAM AREAS. To earn The Congressional Award at any level, a participant must set and achieve goals in four program areas. They are:

- a. **Volunteer Public Service.** Participants provide a direct service to their community. Volunteer efforts are made without pay.
- b. **Personal Development.** Participants expand their horizons by pursuing a new interest or advancing themselves in a current interest.
- c. **Physical Fitness.** Participants improve their overall physical fitness through a regimen of individual exercise and/or team sports.
- d. **Expedition or Exploration.** Participants develop a spirit of adventure by planning, organizing, and completing an expedition into wilderness or an exploration of a new culture. These activities are intended as one-time events.

4. PROCEDURES.

- a. **Eligibility.** You are eligible to register if you are a US citizen 13½ to 23 years of age. Therefore, most cadets and even some senior members are eligible. However, you must be at least 14 to earn your first award, and you become ineligible for awards after turning 24. Activities completed before registering for The Congressional Award will not be accepted.
- b. **Registration.** Complete an on-line registration form at www.congressionalaward.org, or write The Congressional Award Foundation, PO Box 77440, Washington DC, 20013. A nominal fee is required to register. The foundation will send you a Record Book and additional information. In your Record Book, specify that Civil Air Patrol is your "sponsoring organization." *NOTE: Do not send your registration form or payment to NHQ CAP.*
- c. **Goal Setting.** You set your own goals, with the aid of an advisor.
- d. **Goal Achievement.** Work at your own pace; there are no deadlines, and work may begin immediately. Progress is recorded in a Record Book, which can be downloaded from the web at www.congressionalaward.org. Advisors and validators certify the Record Book, and then you send it to The Congressional Award Foundation, where the awards are processed.
- e. **Award Presentation.** Certificates are mailed directly to the recipient. Cadets should forward the award elements to their unit commander, who will arrange an appropriate presentation ceremony. Medals are presented by Members of Congress in ceremonies coordinated by The Congressional Award Foundation.
- f. **Advancement.** After earning an award, you may advance to the next level, and ultimately become eligible for the highest award, The Congressional Award Gold Medal. Each level is cumulative; time spent working on one award is carried over to the next level.

5. ADVISORS AND VALIDATORS.

- a. The advisor assists you in studying the program's rules, reviewing the Record Book, developing goal statements, and choosing activities to accomplish your goals. The advisor can help you find another knowledgeable adult to serve as validator. CAP senior members may act as advisors. You may keep the same advisor throughout your time spent working toward Congressional Awards.
- b. The validator certifies that you satisfactorily perform the activities and signs the Record Book confirming that your goal(s) was achieved. The validator should be knowledgeable in the activities related to your goals, so you will probably not want to use the same validator all the time. Validators discuss the specific requirements for the goal, including how progress will be measured or documented. Validators share their expertise to help make the goal achievable, worthwhile, and fulfilling. An advisor may also act as a validator. CAP senior members may act as validators.
- c. You may not use one of your relatives, a cadet, or a fellow student or peer to serve as an advisor or validator.

Min. Program Hours per Program Area	CERTIFICATE LEVEL			MEDAL LEVEL		
	Bronze	Silver	Gold	Bronze	Silver	Gold
Voluntary Public Service	30	60	90	100	200	400
Personal Development	15	30	45	50	100	200
Physical Fitness	15	30	45	50	100	200
Expedition / Exploration	1 day	2 days	3 days	1 overnight	2 overnights (consecutive)	4 overnights (consecutive)
Minimum Total Hours	60	120	180	200	400	800
Minimum Time to Earn the Award	--	--	6 months	7 months	12 months	24 months

6. GUIDANCE FOR DETERMINING GOALS.

a. **Criteria.** The participants determine goals, but they must be (1) achievable, (2) worthwhile, (3) measurable, (4) challenging, and (5) fulfilling.

b. **Records.** List your goals in the Record Book. Make them objective: Include specifics, avoid generalities. Goals should be measurable. Write them so that it will be easy to tell if they have been achieved or not. Goals can be added or revised with the approval of your advisor.

c. **Constraints.**

(1) Activities pursued as a member of CAP (or through other civic groups, school clubs, or religious organizations) must provide a direct service to the community to count toward a Congressional Award's *Volunteer Public Service* program area. Work related to the internal business or normal duties of CAP membership is ineligible. For example, attending weekly squadron meetings, serving as a CAC representative, and organizing an open house does not qualify. However, community service performed through CAP is eligible. For example, hosting a model rocketry event for Cub Scouts, or assisting at a Red Cross blood drive would meet the requirements.

(2) Activities completed in pursuit of a goal can be competitive, but the goal itself cannot. For example, "I will be selected as cadet commander" is not an acceptable goal. To achieve it you must compete against other cadets and someone other than yourself determines if you will be selected or not. However, "I will improve my basketball skills so that my free-throw percentage will increase from 35 to 45 percent" is an acceptable goal. The game of basketball is competitive, yet the actual goal is not -- how well you shoot free throws is up to you.

(3) For an *Expedition or Exploration*, the planning must be done by the participant. Therefore, attending a national cadet activity or encampment would not qualify. Further, hosting a bivouac to teach wilderness skills to others does not meet the criteria because that involves demonstrating skills you already have, not engaging in a new experience or discovery. However, if you plan and complete an overnight backpacking trip, that would qualify because you would be the one undertaking a new adventure. Participants must be self-supporting and self-sufficient, but a senior member or other adult must oversee the venture. The Silver and Gold Medal *Expeditions / Explorations* require consecutive overnights in the field.

(4) Participants have wide latitude in setting goals for the *Personal Development* program area. Advancing your leadership abilities by participating in a seminar, or completing a brief internship in an interesting career field qualifies as a *Personal Development* goal. Part-time employment may also be eligible. For example, working at an airport to advance your knowledge of aviation is an appropriate *Personal Development* goal.

(5) Schoolwork, and activities done for school credit, may not be applied towards a Congressional Award.

(6) Cadet Protection. If participation in CAP activities is used in pursuing The Congressional Award, all CAP directives, including the Cadet Protection Policy, must be followed.

7. PRESENTATION OF AWARDS.

a. **Congressional Award Certificates** may be presented at CAP functions. Bronze and Silver Certificates may be presented by unit commanders or the wing director of cadet programs. Gold Certificates should be presented by the group commander (or higher), or a state or federal government official.

b. **Congressional Award Medals** are awarded by Members of Congress. Gold Medals are presented annually by Congressional leaders at a ceremony in the US Capitol.

c. **Unit commanders** should recognize members who earn Congressional Awards through local media and *The CAP News*. If a cadet qualifies for the Congressional Award Gold Medal, the squadron commander must notify NHQ CAP/CPCA at (334) 953-4304 or via email at cpca@capnhq.gov.

d. **Uniforms.** Cadets may wear the CAP blue Air Force-style uniform when receiving a Congressional Award. If the CAP uniform is worn, it must be worn in accordance with CAPM 39-1, *CAP Uniform Manual*. Congressional Award medals may be worn on the uniform during the presentation ceremony only.

<u>UNIT</u>	<u>COMMANDER</u>	<u>MEETING/UNIT PHONE</u>
Headquarters Hawaii Wing—HI-51001 P.O. Box 29417 Honolulu, Hawaii 96820	<i>Colonel Stanley Y. Fernandez</i> Firebrand 1 (H) (808) 456-4478 Email: <sonnyfernan@yahoo.com>	1st and 3rd Thursdays (B) (808) 836-3417 Fax: (808) 834-6595
CAP-USAF State Directors	<i>Mr. Doug Miller</i> Email: <djmiller@pixi.com> <i>Mr. Les Kellum</i> Email: <llkellum@pixi.com>	Mon-Tue-Wed & Friday 8:00 AM to 4:30 PM Thur—2:00 to 9:30 PM (B) (808) 836-4023/836-3417 Fax: (808) 836-4065

IF YOU ARE INTERESTED IN CIVIL AIR PATROL, CONTACT THE CAP UNIT NEAREST TO YOU:

Island of Oahu

Wheeler Composite Squadron
HI-51009
P.O. Box 29417
Honolulu, Hawaii 96820

Major Rob Brandt
(B) 449-4939
Email: <nanapau@hawaii.rr.com>

Seniors: 1st & 3rd Tuesdays
Tues—7:00 PM
Cadets: Every Wednesday
6:00 PM
Phone: 656-8160 (Hangar)
Phone: 656-7960 (Office)
Firebrand 210

66th Composite Squadron
Hickam Air Force Base
HI-51066
P.O. Box 29417
Honolulu, HI 96820

Major Matthew McGuire
(H) 626-3387
Email: <coconut@shaka.com>

Fridays 5:30 PM
Hangar 11, Hickam Air Force Base
Phone: 449-9935
Firebrand 170

Island of Hawaii

Kona Composite Squadron
HI-51060
P.O. Box 2427
Kailua-Kona, HI 96740

Major Valerie Hoke
(H) 331-1149
(B) 329-0591
Email: <hokeohana@juno.com>
Phone: 329-7170

Tues—6:00 PM
29-7170 Hangar Road
Keahole-Kona Airport
Firebrand 510

Lyman Field Composite Squadron
HI-51043
1091 Kekuanaoa Street
Hilo, Hawaii 96720-4556

Captain Steven Santiago
(H) 959-0882
(B) 933-0930
Email: <stevens@interpac.net>

Wednesday—6:30 PM
CAP Hangar
Hilo Airport
Phone 935-6927
Firebrand 520

Island of Kauai

Kauai Senior Squadron
HI-51073
P.O. Box 3110
Lihue, Hawaii 96766

Lt. Colonel Ronald Victorino
(H) 822-5888
(B) 245-1985
Email: <ronvic@pixi.com>

1st Tuesday—7:30 PM
Kauai Airport—Phone 245-9090
Commuter Terminal Building,
Civil Defense
Firebrand 358

Island of Maui

Maui Composite Squadron
HI-51057
P.O. Box 160
Kahului, Hawaii 96732

Lt Colonel Randy Leval
(H) 243-9241
Email: <rleval@mauigateway.com>
Phone: 877-6117

Thursday—7:00 PM
Puunene School
Firebrand 420